Populations experiencing war, are
driven by an internal desire
to achieve inner peace. Achieving
there Inner peace is a way
for the Individual reside in
"Safe and secure" circumstances
with the "prospects of better
future". Achieveing Imner peace is
The first steps to tiving engaging
"in peace" worldwide.

engaging in the synt receiving with God as a means to achieveing inner peace. It was through the death and rescarrection of chiist, that humanities sin where restored and onistians are now able to be a are with chill. Adherents

strengthen this velationship through forms of pray. For orample

Spentaneous prayer and Lective Diving, allow the adherent to

Spent time in God's prosence and rid themselves of materials

a sense of inner peace through engaging in group discussions. particularly economical groups or velient groups where they can Communal discuss a & resoultion for williet. A a Similarly way chillian adherent are often compensed to subscribe to e-journals and join online aiscussion groups about " prospects of a better future" thronging Starting with peace in Themseleves. Adherents Will altern Scaremental liturging's to particularly es Eurobanst to wipe sin, so they can internally resoncité peace Christian adhaients Will responsively also reflect on Clives documents about peace . For example me NEWA declaration on non-ciocence. This form of reflection allows them to hunstorm their Minking first , so may an achieve inna peace betone taking world aide action.

This complusion to naturally want to stop it " through taking physical action is seen in the

work of the organisation NCCA. The National Conneil' of Churches Arshalia, is a christian organisation working for could peace. One of their Cantral inition initalises is nov; Décade to Ouncoine vidence. Within Mis Camparan they werk to redefine power as a way bring peace Be They recongile the misuse and abuse of poner as pivotal to The development of violence , Based on the chairtian teaching from Matthew "Those and wisnes to be first amongst you must be a Slave to you all", DOU to our to promote severnt leadership to Fire Sta de creuse the abused pourer Thus m doing so promo cook towards peace in the dristion community and peece worldwide Islam "naturally want to stop" war and violence also, despite misconceptions, that stem from religious prejudice. Muslims believe achieving inner peace is about

Submission to allow. They response to achieving inner peace surveyer completion at the fine pillow, union demonstrate cutimente Submission to allale. Particulary Shaheda and Salat , a Through pray onel proclaming at their feith aloud their nelectionship with Allan is deepened. They also achieve a sense of inner penue Through engaging in the giventer jihad, this is onduring an internal Struggle to live in submission to God, adding to purity their soul Exclaiming the expressions of "Insha'allari" also demonstrates the adherents submission to Allah The ands said authord exclaim that They Survender their desting to any a plans to Allah. This drive to "live in peace" internally is also achieved for musions through accepting ostubles in life and Over aming them. Muslims bell the belief the God "created mun in to 11" (anrango) and peace will come to the patient offers for accept this and

patiently work to overcome me obstacles. This police of inner as peace is also resuncted through a comprehensive rememberance of God , Mastins achieve this through a found pray Called dirkh, where they reflect upon a rememberance of God and werk to follow his actions of the course Contan States those and dwell in The rememberance of God" Meir "hearts shall find rest". Muslims olignement with General peter's Comment on a prospects of a best en future" are seen in the aim for muslim to complete orginations deeds. They believe engaging in eighteur deed Such as Zukut where they promote charity, they are stricing formands inner peace and devotion to Allan's Will, These actions can also justo the wider commenty to generate about peace. Muslims engagement in the promition of world peace can be seen in the organisation JCMA. The

Jewish, Muslim and Christian association work towards foritging bridging an derstancing between The carious religions, so to decrease the rate of violence freet is driven by misunderstanding The organication bolds conferences and interfaith dialogue to promote this are understanding. AB It also to allows reliege encouvages religious leaders to make join statements on peace, to put in Cititen the point of mudual agreement. In this way eneuting a "safe" once a more "Secure" ciram stances for the populeition. Evidently Christianity and Islam bothe both work towards creenting

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bothe both work towards creating

inner peace which then generates

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u prospects of a Cetter fature" free

from war ond violence: