all dominant religions however differing, have a message that communicates peace both worldwide peace and inner peace. This is one aspect that all religions have in common, is they communicate to adherarts and followers the importance of peace and the to acknowledge differences that we share in a non-confrontational monner. The desire to live in a secure environment where we can feet build a safe future for auselues as evidenced in the quotation from General Peter Cosprove, 'they want to live in peoce ... sofe, secure This quote examines the importance of a sense of peace and a lack of contraction, in this cose wan GE sense of proce The importance of G sense of peace can be evidenced when examining the ideals and belief systems of particular religions. Christianity and Buddhism effectively convey clear messages regarding their outlooks on peace and

the effects and war or confrontation. Christianity effectively conveys peace and the issue of confrontation in the Bible, however more effectively can be evidenced in the Ten Commandments. The Ten commandments outline the Christian RESPONSE outlook on peace and in order to live a peaceful lifestigle in the eyes of God these such commandments shauld be adhered adhered to. An example of how christians see the idea of war or harming the another is conveyed in the commandment 'Thou shall not kill.' in reference to the quote, this is how Christianity believes that prospects of a better future! can be achieved Buddhism also conveys messages to its adherents that effectively communicate the hazards of war and its consequences

adherents that effectively communicate the hazards of war and its consequences and also the importance of peace opposed to violence. On example of Bookstati how Buddhism communicates this message can be evidenced in the teaching 'I shall not harm another living being.

This message effectively conveys the Buddhist outlook on the idea of how to effectively achieve peace Similarities are striking amongst the two religions declarations recording the idea of peace and the importance it has to the possible achievement of peace worldwide. The impacts on humankind, resulting from a lack of peace impacts heavily on populations cought up in war This is an effective example as to why it is important that religious teachings and traditions regarding peace continue to be a relevant aspect of the religion that adherents choose to be apart F The Desire to cease war worldwide seems to be difficult but, if believers and religious adherents truly choose to follow the words and messages of their chosen faith's regarding inner peace and peace with people and go the accomplishment of no war worldwide May truly become apparent