Start here. (a) Work-there are many types of work, although work can be defined as a paid. It can also be categorised in un-paid work e.g volunteer work.

Leisure is how you spend your free time, e.g clubs, concerts, Pubs.

(b) Technology has contributed to the changeing patterns of leisure enourmously Due to our advancement of technology, it has become more easiley accessable, faster (less time consuming), cheaper and more reliable, thus helping us to be more productive and get more work done, in a smaller amount of time. Although it has had these positive impacts, it has also had negative impact on our leisure time. Leisure time has been greatly reduced, because people can leave their workplace, and come to continue doing work. This could also impact on our wellbeing lead to communication breakdown and other problems in the family and that individuals social life.

On the other hand, technology has also enhanced our leisure time

and created cheaper alternatives to how we spend our time, and what activites we do within that time. e.g the use of KBOX, and the Internet entertains us, and brings the family together, and also allows for them to save money on the necessities.

Technology has contributed to changeing patterns of leisure in more ways than one, and as a result there are negatives and positives to those outcomes.

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