

Start here.

a) Work is anything that is productive, whether it is paid or unpaid. Any society or culture take part in work and this is how the world forms its cycle of economy. Leisure is anything that is not work, it can be active or passive leisure and it can be something as simple as just sitting, ~~these~~ ~~with friends~~ socialising with friends. It becomes a socialising agent with in many cultures.

b) Technology has a huge impact on today's world and leisure is no exception. Technology has made it easier to carry out leisure activities and made it easier to meet people with similar interests, via the internet, or to enter competitions.

Technology gives people the opportunity to combine their work & leisure by having laptops computers and/or mobile telephones. This meaning that adults with ~~also~~ children and families can now do their work on-the-run or simply when it suits them. With phones now becoming more and more reliable and accessible, any individual can transfer money, shop online, e-book plane tickets, check traffic and many other things simply from their mobile phone.

Although people are wanting to get out of the house some people still wish to exercise in the comfort of their own home. For example there is now things such as Wii fit or at home yoga to keep different people physically active and they can do this without getting embarrassed or self conscious like some people do in today's society. Leisure is now something you can do anywhere any time.

Additional writing space on back page.