

Start here.

Work and Leisure.

- (a) The concepts of work - time, socialising, team work, discussions, money these are a various amount of concepts of work though leisure consists of free time, relaxing on your own within your own personal alone time, doing something you like that does not include work.
- (b) narrowing down to just "me time". (b) Technology contributes alot of change to leisure time probably because it reduces the lack of socialisation with peers or family. You would most probably be on a computer, listening to music ect when working and with in your own time which really cuts through your communication socially with other people.