

Start here.

~~C At the very core of Buddhist belief lies the~~

C. At the very core of ~~the~~ Buddhism lies the belief in peace and harmony. Buddhist teachings are centred around the values of selflessness, giving and; understanding ~~both~~ situations, yourself and others surrounding you. Because of this nature, Buddhism has always been a key player in trying to solve conflict and promote peaceful co-existence in the world.

Examples of both Buddhist beliefs and Buddhists themselves solving conflict and promoting peace in the world can be found throughout history. An example of this can be seen through Gandhi's work. When fighting against oppression and segregation, ~~therefore~~ ^{and when} trying to solve conflict between Hindu's and Muslim's, Gandhi was often physically attacked and mentally ~~put~~ put down. However, despite such attacks, Gandhi never used violence to prove his point, nor did he allow negative comments to ~~study~~ ^{challenge} his determination. Both of these ideas - non-violence and ~~at~~ ~~st~~ having a strong mind - are core Buddhist beliefs, suggesting that Buddhism as a belief system, played an extremely significant role in solving this conflict and promoting peace in the world.

Examples of Buddhists themselves promoting peace and solving conflict ~~can~~ in the world can be found when looking at the work of the Dalai Lama and even more recent work, regarding an AIDS cure, ~~at~~ that monks participated in. The Dalai Lama is the prime example of the relationship between Buddhism and peace or conflict in the world. He is an extremely popular public figure who often gives speeches on peaceful existence and has previously attended ~~in~~ international gatherings such as United Nations assembly's, where he again promotes the peaceful ideals of Buddhism. The Dalai Lama is such an inspirational and well-respected public figure ~~as~~ because of ~~the~~ how relevant his advice is and how useful it remains, even in modern settings. This is ~~due~~ due to the close relationship between Buddhism and peace and conflict, as ideas of Karma, ~~and~~ 'treat others as you would like to be treated' and the need to lead a moral and true life, ~~are~~ are all central to the core belief in peace and ~~the~~ equality among all human beings.

Even in modern ~~the~~ settings, Buddhists contribute to the goal of achieving peace, ~~and~~ eradicating conflict and easing suffering. Buddhist monks recently ^{publicly} embraced medicine and science by contributing to ~~an~~ AIDS fund

Additional writing space on back page.

which supports scientists in finding a cure for HIV and AIDS. This shows that Buddhism's flexible nature, ~~and~~ ability to embrace change (science) and core beliefs are ^{so} heavily intertwined with peace ~~throughout the world~~ ~~that its values~~ that its values underly ~~many~~ ~~peace~~ the solution to many world conflicts.

You may ask for an extra Writing Booklet if you need more space.