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A 1) Drug testing is always going to be a debatable topic everyone has a different opinion but one benefit of drug testing is that it helps identify the athletes that are seen as cheating and not doing it naturally as most athletes do. Drug testing can be seen as a hard and unfair test as athletes aren't allowed to encounter with caffeine this then excludes chocolate, coffees and all other drinks and foods that contain caffeine now this could be seen as very bias because caffeine isn't really a drug that improves or enhances performance it's something that normal everyday people encounter on a day to day basis.

ii)

performance enhancing drugs are seen as unethical because it is unnatural and is seen as a way of cheating. This is because with these performance enhancing drugs it gives athletes either more weight gain, can be used to have more oxygen etc. Some performance enhancing drugs are the following EPO, ~~drug~~ blood doping, Creatine phosphate, Steroids.

unethical is the term used by some but the athletes that do use these performance enhancing drugs don't see anything wrong with it. They think that they should be allowed to be used and not be seen as unethical. Performance enhancing drugs do have bad side effects especially for the long term if they are used for a long time it could be that they grow facial hair in odd or different places, no pregnancy or muscle problems. because your growth can be stopped you need to be careful when using these types of drugs. Blood doping is really extremely dangerous because they inject more blood into their system so that they have more oxygen going into their airways and pumping through their body system.

I think that looking at the bigger picture it is unethical and is an advantage to those who use it to participate in their ~~chosen~~ chosen sporting field.

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If everyone was seen as the same and had the opportunity to all use ~~drug~~ enhancing performance drugs then it could be seen as an ethical situation but the reason if it unethical is because of the following.

- * it plays with your body because you could be still growing
- * it has bad side effects.
- * it's unfair to those who don't take any form of drugs to help with their performance.
- * it creates mood swings and bad behaviour.

This is why performance enhancing drugs are unethical because of the scrutiny and holistic research that has been done to ensure that the right decision had been made.

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