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Sports policy was brought in place in order to properly protect the athletes and ensure that there is a greatly decreased chance of injury when playing sport. ~~There are~~ A number of categories were identified in order to cover all aspects of the sport environment and ensure the athletes' safety.

Safe environment

Before play or activities the coach must check the environment for any potential threats such as ~~broken~~ broken glass. He also needs to be aware of the weather situation and consider if it ~~is~~ ^{the conditions are} appropriate for play. If it is too hot there is a risk of dehydration. If it is too cold or wet there is a chance of hypothermia. Thunderstorms ~~are also~~ ^{can be} very dangerous for ~~some~~ many outdoor sports and so ~~show~~ coaches should not promote playing in such conditions.

App Safety equipment

In order to reduce injury, especially in full contact sports, the ~~a~~ coach needs to ensure that his athletes wear the appropriate ~~a~~ equipment. Some equipment is very sport-specific such as the ~~helmet~~ helmet. The difference between a bicycle helmet and a cricket helmet is very ~~imp~~ noticeable, and it is important

to wear the correct one. Shin pads and knee pads ~~are also part of~~ can also be of many different designs. It is important that the correct protective gear is supplied by the coach

Sports equipment

The sporting equipment used needs to be in ~~the~~ safe condition and also needs to be correct. A tennis racquet with a broken and jagged handle is a danger to the athlete. Also, cricket balls should not be used tennis because they are not designed for that game style. The coach needs to supply his athletes with the correct equipment for their own safety and also so that they practice ~~prop~~ properly.

Correct skills

It is the ~~coaches~~ coach's duty to ensure an ~~pp~~ athlete is learning the correct skills for the game. If they are a newcomer, the coach needs to introduce them to the basic ~~set~~ skills involved, and if they are an experienced athlete the coach needs to continually check that their style of play is correct. Otherwise, if the ~~pp~~ athlete is unaware how to ~~do~~ execute a movement he could cause himself ~~ing~~ injury.

Rules

The coach must teach his athletes the rules of the

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game and must refrain from altering those rules. If a rule is changed, all players need to be informed. ~~If a~~ A lack of knowledge of the rules can very easily lead to injury of the athlete and others.

Special provisions for children

If the coach is teaching children, he must organise them into divisions based on level of skill or height/weight depending on the sport. He must also know how to address children who have asthma, and be aware of a child's insufficient abilities to thermoregulate.

Through sports policy, the athlete has a greater protection while playing sport and can receive the most out of his game. The coach has to be wary of the areas of safe environment, safety equipment, sports equipment, rules and take into account special provisions for children. The policy was put in place to protect the athlete and allow for more enjoyment ~~to~~ when playing sport.

You may ask for an extra Writing Booklet if you need more space.