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(a) ⁽ⁱ⁾ Iron deficiency and bone density can impact female participation in sport by the effects on the bones, ligaments and tendons. These deficiencies can cause weakness within the body that cause restriction and difficulty in participation. Sports such as netball and touch football are thoroughly active and require a lot of movement which could become difficult when the joints of the body have trouble actively moving in a certain ~~movement~~ ^{position or} action.

(ii) Sports medicine address the medical conditions of children and young athletes by addressing the issues related to these groups of people. Epilepsy, asthma and diabetes are the three diseases that are amongst ~~young~~ ^{children} and young adults. These issues are addressed through treatment of these conditions in regards to ensuring rates of mortality decrease. Treatment and full time services are available for children suffering with diseases.

Sports medicine can address areas of need for children by answering the need for autism, epilepsy and diabetes to be treated amongst children through programs and access to services.

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