

Start here.

(a) i) The problems associated with iron deficiency and bone density can affect female participation in sport.

~~Men~~ Menstruation can lead to iron deficiency and bone density because of loss of blood. ~~this~~ this can be restored by replacing iron back into the diet. This can affect performance as the performer may experience dizziness.

ii) Sports medicine addresses the medical conditions of children and young athletes.

This is shown ~~when~~ when a young athlete has asthma. ~~Each~~ Specific sports should be played ~~by these~~ ~~ill~~ by these children as they get tired very easily, medication should be with them at all times just in case of an attack while playing.