



QUESTION 23 - THE HEALTH OF YOUNG PEOPLE

b) The diversity of young people in Australia is great as we are a multicultural nation. Diversity refers to a wide range of different people including different races, different personalities, different youth cultures, etc... Although diversity is a good thing, as no-one is the same, it can also lead to poorer health. ~~to~~ For example, some people or groups of people may be singled out because they are different.



These people may be discriminated against because of their differences which may lead to them becoming depressed or affect their mental and emotional health.

The ~~way~~^{culture} of some people may also affect their health as some cultures don't believe in females playing sport, ~~and~~ while other cultures believe obesity is a sign of wealth and power. The beliefs of these cultures can have a negative affect on the health of its members.

On the other hand, some races, like the Asians, lead much healthier lives as they have ~~a~~ much healthier diets. This is an example of a positive affect on health.

As we can see there are many different groups within Australia, and these different groups ~~to~~ live their lives differently.

Because of this there are many differences in their health status as their way of living affects their health.