



b. The diverse nature of young peoples lives affect their health status as they have a great deal of other activities that they need to be involved in to be socially adequate, they're involve in school, socialising, learning to know what is socially acceptable and what



is not. Young people have many stresses in their lives such as body image, popularity with peers, family, education. There is an immense problem with young peoples health as they feel they need to be thin or muscular to be accepted by peers, and therefore do not eat adequate amounts or involve themselves in drugs. This is a result of models be unnaturally thin with no realistics about them. They have no hips, no thighs, no breasts, no pimples, No Flaws. This is an unrealistic mentality that is reflected onto the youth of today.