

Question 21 (continued)

- (b) Discuss how the creation of supportive environments is used to manage the health of Australians.

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Through the creation of support environments there has been an increase in support networks and recognition of their worth. Also recognition of environment influences on health, so through awareness better health can be achieved.

• Creating supportive Environments.

- Support networks and community involvement.

This allows interaction and support for health. So that information and support can increase psychological health & therefore manage health through interaction and awareness.

- Environmental influences.

The recognition of political, social, cultural & economic influences on health. Through manipulation and awareness the management of health can be achieved.

Example. - Cancer -

- Support networks + comm.

Cancer council

family

peers

doctors - GP specialists

- environmental influences

political - no smoking laws

economic - Socio-economic status. blue collar

social - blue collar

cultural - religious and cultural limitations on diet, lifestyle.

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