

Question 21 (continued)

- (b) Discuss how the creation of supportive environments is used to manage the health of Australians.

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The creation of Supportive environments comes from the Ottawa Charter, And involves the coming together of people to support each other and all benefit from each other, groups like these can include Alcoholics Anonymous where group of people who admit they have a problem come together and encourage the other to stop drinking, Also supportive could be counselling for people who suffer child abuse or things such as the neighbourhood watch campaign. The creation of these in a community is vital because of the numbers of mental health problems people experience these days and with the creation of these supportive environments, the curative phase on these problems could be reached before they escalate into something more sinister, ~~The~~ The creation of these supportive environments is especially vital in country or rural areas where the rates of suicide are high.

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