



Q 17- Parenting and Caring

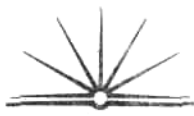
a) Social changes a woman who has ~~not~~ ~~ever~~ a first child in her forties include:-

- \* Different social group- once becoming a mother many women find they are socialising with women of the same who are in the same situation, <sup>and</sup> ~~at~~ are also mothers.

- \* Different eating habits- may need to be adopted during the term of pregnancy and birth. This would ensure good health of the baby.

- \* Less socialising time- A change must be made in the time spent socialising. The mother who may have spent many of her years being a socialite, with her friends, ~~now~~ will find that she is needed more at home and must now provide as she is a mother.

- \* Better overall health- must be approached. Children are hard work and as a woman in her forties is no longer a 'spring chicken', she must try to keep in shape in order to keep up with her growing child.



b) culture and Religion play a huge part in many families today.

Culture includes many facets of life, it influences aspects of both physical, mental and spiritual being. It ~~includes~~<sup>influences</sup> what and how we do many tasks everyday and can impact incredibly on a parenting or caring relationship.

For example if the parents of a family are heavily religious then that aspect of their life is generally passed down through the generations. Thus religion is a very big influence on the way the family is raised. Some families may attend church everyday which becomes a part of their routine, which may not exist in an atheist family.

Culture and Religion can influence the type of food you can or can't eat, when you fast, how many social outings you can attend each week/day, and even what type of clothes

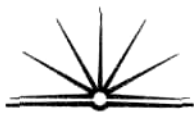


you can or can't wear. For example some cultures forbid any part of a woman's body to be showing <sup>(when out of home)</sup>, and therefore she must be heavily clothed to leave her home.

In some cultures or religions a woman's hair is never to be seen and therefore she must have her hair covered at all times.

In cultures like this, especially when mixed with western culture, parenting and caring is impacted greatly, depending on what culture or how heavily religious members of the family may be.

P.T.O.



c) A parent is one who provides <sup>the</sup> care and nurture ~~for~~ <sup>of</sup> a child throughout their developing years.

Parenting involves many rights but just as importantly and coming with the package, responsibilities.

Some responsibilities of parenting include:

- to provide the care and nurture of a child whilst in developing years. This means that ~~the~~ <sup>are</sup> parents ~~is~~ <sup>are</sup> solely responsible for looking after the child and raising it to the best of their capabilities.
- to provide an education. Children have the right to a proper education and this includes not only high school, but primary and pre-school included. For a child to have a good life after ~~so~~ reaching adulthood then it is important that they receive an education and it is the parents responsibility to provide this.
- provide for basic <sup>primary</sup> as well as secondary needs



to enhance the child's state of well-being. Well-being refers to life satisfaction and self-fulfilment. It is a state where a person feels generally happy and satisfied with life.

In order for the well-being of a child to be met, they must be physically, socially and ~~mentally~~ emotionally happy. This is where parenting comes into play, because if the parent doesn't provide for all the needs of the child then the parent may be considered negligent.

Other parenting styles include:

- Permissive / indulgent - where child is let do what they please.

- Autocratic - <sup>believe</sup> parents word is law and children should do as they are told.

- Democratic - where ~~child~~ each family member gets their say. And all are involved in input.

'Most parents learn as they go, influenced by the way they were brought up or by what they have read or watched others do. Parenting



styles may be different but we all share a common goal.' Department of Community Services. Each of the previously mentioned parenting styles are different and parenting responsibilities remain the same yet all parents strive towards that common goal.

~~For~~ Most parenting reflect how the parents themselves were brought up but each <sup>mother/father</sup> ~~parent~~ strives to do the best they possibly can to bring up their children the best way they possibly can and that's all we can really ask for.